

New Mission High School

Principal: Naia Wilson

New Mission High School is a part of *The 84*, a youth-led movement fighting for a tobacco-free generation in Massachusetts. A group of students at the school is championing this initiative and has received a mini-grant to produce marketing materials and purchase a model lung.

In partnership with Biology teacher, Elizabeth Kenney, the84.org students visit each advisory in the school and present a workshop on the negative health effects of smoking. New Mission students join the84.org members from area schools each year to meet with legislators at the annual Kick Butts Day.

New Mission High School takes pride in the fact that over 75% of its students participate in sports. The Boston Scholar Athlete Program works with the school, provides healthy snacks and identifies the resources needed to support sports in school. The efforts don't stop there. Nearly half of the staff is engaged in a worksite Weight Watchers Class, and the students stay active in class playing Dice Olympics, which gets them up and moving during academic classes.

Principal Naia Wilson commented, "An awareness of health is all throughout the school now. Instead of hot dogs, hamburgers and chips at the annual BBQ, we now serve a huge salad bar, and everyone loves it!"

